

grazing & sharers

Garlic & Herb Marinated Mixed Olives (VE)	3.25
Baked Camembert (V) Infused with rosemary and garlic, extra virgin olive oil and with a toasted seeded gluten free roll and Tracklements™ onion marmalade	10.95

GLUTEN FREE MENU

small plates 3 for £16 | 4 for £20 | 6 for £30 or £6.50 each

Hummus Duo (V) Traditional hummus, beetroot and apple hummus, with toasted gluten free bread and garnished with coriander and red pepper curls	Creamy Stilton Mushrooms (V) Roasted flat and cup mushrooms, Clawson Stilton cream sauce, topped with extra crumbled Stilton and parsley	Smoky Spanish Chorizo Baked in sticky honey and cider glaze, topped with parsley, with a seeded gluten free roll
Halloumi Fries (V) Coated in smoked paprika, sweet chilli sauce and garnished with coriander	Chargrilled Chicken Wings Coated in maple and bourbon BBQ sauce and garnished with coriander	King Prawns Pil Pil Baked in a chilli, garlic and parsley butter, topped with parsley and with a seeded gluten free roll and a wedge of lemon

main plates & burgers

28 Day Aged Sirloin Steak 16.95 Chargrilled 8oz Sirloin steak, triple-cooked chips, slow roasted beef tomato, flat mushroom, peppercorn sauce and a dressed house salad	Chicken Skewer 10.95 Chargrilled chicken fillet, stacked with red onion and red pepper with sweet potato fries and a dressed house salad
Superfood Buddha Bowl (VE) 9.95 Tenderstem broccoli, kale, roasted roots, gem lettuce, baby spinach, red and white quinoa, pomegranate seeds, topped with toasted seeds and a lemon and extra virgin olive oil dressing	Grilled Seabass 12.95 Warm quinoa salad, baby spinach, drizzled herb oil, with a wedge of lemon and topped with parsley
British Cured Gammon Steak 10.45 Chargrilled 8oz gammon steak, free range fried eggs garnished with coriander, triple-cooked chips, slow roasted beef tomato and flat mushroom	Classic Burger 11.95 6oz beef patty in a toasted seeded gluten free bun with beef tomato, gem lettuce, pickled gherkins, burger sauce and Maldon™ sea salt and thyme skin on fries
add: grilled halloumi 2.70, chargrilled chicken 3.20 grilled seabass fillets 3.70, grilled king prawns 3.70	Sweet Potato & Halloumi Stack (V) 10.25 in a toasted seeded gluten free bun with beef tomato, gem lettuce, pickled gherkins, burger sauce and Maldon™ sea salt and thyme skin on fries
	add Barber's™ vintage Cheddar, Emmental cheese, smoked streaky bacon 1.50 each swap fries to sweet potato fries 1.25

sandwiches

Served on gluten free bread with a mug of Maldon™ sea salt and thyme skin on fries or a dressed house salad
swap fries to sweet potato fries 1.25

AHT Sandwich (V) 7.95
Avocado, halloumi, tomato, dill oil and Tracklements™ onion marmalade

CBLT Sandwich 7.95
Chargrilled chicken breast, smoked streaky bacon, beef tomato, gem lettuce and mayonnaise

Steak Sandwich 8.50
4oz sirloin steak, Tracklements™ onion marmalade, gem lettuce and horseradish

sides

Maldon™ Sea Salt & Thyme Skin On Fries (VE) 2.95

Triple-Cooked Chips (VE) 2.95

Sweet Potato Fries (VE) 3.45

Our House 'Slaw (V) 1.95

House Salad (VE) 2.50
Gem lettuce, baby spinach, diced cucumber and beef tomato, red onion, red peppers, grated carrot with a lemon and extra virgin olive oil dressing

desserts

Warm Chocolate Brownie (V) 4.95
Vanilla pod ice cream and chocolate sauce

Green Apple Sorbet (VE) 4.95
Raspberry coulis

Affogato (V/VE) 4.95
Vanilla pod ice cream, espresso and chocolate sauce

(V) suitable for vegetarians. (VE) suitable for vegans. (!) contains alcohol. Fish and poultry dishes may contain bones. All weights are approximate prior to cooking. All items are subject to availability. Allergen information. Non-gluten menu is available upon request. If you have any allergies or dietary requirements, please speak to our team for more information. Our kitchens contain many ingredients and so we cannot guarantee the total absence of nuts, gluten or other allergens. A full list of allergens in each dish is available for your peace of mind. All prices include V.A.T. Service is not included. All tips are retained by the grateful team.